



Spouse Appreciation



2019 MILITARY SPOUSE APPRECIATION DAY

Friday, May 10

10 a.m.-3 p.m., NBK Bangor Plaza Ballroom

- Yoga-MWR
- NEX-Beauty Tips/Skin Care
- Educational Options/Tools
- Refreshments

Informational Resources:

- Child & Youth Programs
- Nutrition
- Military Spouse Preference
- Human Resources

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