

NAVAL AIR STATION WHIDBEY ISLAND 2026 SPORTS CALENDAR OF EVENTS

Captain's Cup Intramural Leagues Men's & Women's

Matches played Monday-Thursday, duration dependent on number of teams.

SPORT, EVENT

Basketball

Volleyball

Soccer

Bowling

(Every Thursday, 5 pm, number of weeks dependent on number of teams. 4-person teams (Men, women or mixed) play at a time.

Softball

Golf Coaches

Flag Football

Coaches Meeting

Jan. 12, 2 p.m.

Jan. 26, 2 p.m.

April 6, 2 p.m.

April 20, 2 p.m.

May 11, 2 p.m.

May 18, 2 p.m.

Aug 24, 2 p.m.

Start Date

Jan. 20

Feb. 2

April 13

April 29, 5 p.m.

May 26

May 28

Sept. 8

Event Location

NASWI Fitness Center

NASWI Fitness Center

NASWI Fitness Center

Convergence Zone

NASWI Fitness Center

Gallery Golf Course

NASWI Fitness Center

Captain's Cup Tournaments/Events

SPORT, EVENT

Billiards Tournament

Darts Tournament

Indoor Rowing Competition

Dodgeball Tournament

Tennis Tournament

Frisbee Golf Tournament

Pickleball Tournament

Racquetball Tournament

Registration by

Jan. 22

Feb. 5

March 6

May 14

July 9

July 31

Oct. 16

Nov. 6

Start Date

Jan. 23, 7 p.m.

Feb. 6, 7 p.m.

March 7, 9 a.m.

May 15, 11 a.m.

July 10, 11 a.m.

Aug 1, 11 a.m.

Oct. 17, 9 a.m.

Nov. 7, 9 a.m.

Event Location

NASWI Fitness Center

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NASWI Fitness Center

Convergence Zone.

NASWI Fitness Center

Gallery Golf Course

NASWI Fitness Center

NASWI Fitness Center

Admiral's Cup Men's & Women's

SPORT, EVENT

Basketball

Volleyball

Soccer

Softball

Golf

Football

Event Date

March 7

April 18

May 30

July 11

Aug. 15

Nov. 14

Event Location

NASWI

NBK

NSE

NSE

NBK

NASWI

Register at the Fitness Center Front Desk
Call: 360-257-2420 or 360-257-4320
NASWI_MWR_Fitness1@us.navy.mil

Dates subject to change.

**EVENT
DETAILS**
SCAN TO VISIT THE WEBSITE



navylifepnw.com
everything northwest
@WhidbeyFFR



NAVAL AIR STATION WHIDBEY ISLAND 2026 FITNESS CALENDAR OF EVENTS

Captain's Cup Fitness Events

EVENT

New Year's Day Polar Bear Plunge

Event Date

Thursday, Jan. 1, 10 a.m.

March 5K, 10K

Saturday, March 14, 10 a.m.

Shower the April Power: 3-lift Competition

Friday, April 17, 4 p.m.

Gold Star Command Challenge

Friday, May 15, 11 a.m.

Prevention & Awareness Color 5K Walk, Run

Friday, July 17, 11 a.m.

Domestic Violence Prevention Obstacle Course

Friday, Oct. 9, 11 a.m.

NASWI Turkey Trot, 5K, 10K

Saturday, Nov. 21, 9 a.m.

Turkey Burn Indoor Cycling Event

Wednesday, Nov. 25, 11 a.m.

Run, Bike, Row Challenge

Friday, Dec. 11, 11 a.m.



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everything northwest
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@WhidbeyFFR



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Dates subject to change.

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DETAILS**
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