



CYCLE DAY 13

BREAKFAST

CREAMED GROUND TURKEY

GRILLED HAM STEAK

FRENCH TOAST

COTTAGE FRIED POTATOES

HOT FARINA

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

GRILLED HAM STEAK

CHICKEN SCALLOPINI

ROAST PORK SANDWICH

GARLIC LEMON POTATO WEDGES

FRENCH TOAST

HOT FARINA

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

BROCCOLI

CARROTS

CHICKEN RICE SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO

DINNER

CREOLE MAC

BAKED CHICKEN W/ MUSHROOM
GRAVY

GARLIC POTATO WEDGES

COLLARD GREENS

MIXED VEGETABLES

CHICKEN RICE SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO