

SPORTS & FITNESS

FITNESS CENTER

3755 N. Wasp St., Bldg. 117 • 360-257-2420

This 55,000 square foot facility provides complete athletic group fitness classes and run/walk events. Extensive cardio and strength apparatus comprise the facility's equipment. The Fitness Center and its surrounding area also features a sauna, racquetball courts, basketball court, volleyball court, a NOFFS Zone, tennis courts, synthetic turf softball fields, synthetic turf football field, family fitness room and the Seaview Trail, a scenic 3.3-mile, marked jogging trail.

The Family Fitness Room is a family-friendly zone for parents to work out while watching their children. A parent or legal guardian must remain in the Family Fitness Room with direct line-of-sight supervision with their children.

Although NAS Whidbey Island does not have a recreational swimming facility, MWR has developed partnerships with Anacortes's Fidalgo Pool and Oak Harbor's Vanderzicht Pool. Active Duty swim FREE and Active Duty family members receive FREE open swim. All other eligible patrons, please contact the pool for rates. Fidalgo Pool 360-293-0673, Vanderzicht Pool, 360-675-7665.

SINGLE SERVICE MEMBER

LIBERTY NORTHWEST

Located at Admiral Nimitz Hall Galley, 3675 Lexington St., Bldg. 2556 • 360-257-3309

The Liberty Program is primarily for young, enlisted service members; however, all unaccompanied personnel assigned to US Navy installations are eligible to participate. The Liberty Northwest Center, located in the Admiral Nimitz Hall Galley, boasts a movie room, complete with a 62-inch television, 12 oversized Lazyboy® recliners and surround sound; 11 Xbox 360's; 18 computers with internet access; Wi-Fi; a sound-proof music booth with instruments; pool table, foosball table, ping pong tables, and more. Activities include mall trips, instructional classes, concerts, outdoor excursions, volunteer opportunities, overnight trips and holiday events. Please note that children under the age of 18 are not permitted on Liberty trips and tours, or inside Liberty centers.

DEPLOYED FORCES SUPPORT

OPERATION UPLIFT

Located at Admiral Nimitz Hall, 3675 W. Lexington St., Bldg. 2556 • 360-257-9014

The mission of Operation Uplift is to support sailors and their families during all phases of deployment by providing outstanding programs, customer service, and morale to ensure each sailor and family member has a successful deployment experience. Operation Uplift also supports remote detachment sites with recreational equipment and holiday decorations. Operation Uplift is your place to go for planning functions and parties. We can provide equipment at no charge for official command functions, such as homecomings, change of command and command picnics.

NAVY COMMUNITY RECREATION

CONVERGENCE ZONE

3535 N. Princeton St., Bldg. 2510 • 360-257-2432

Convergence Zone offers Wi-Fi though out the facility and features:

- Indoor Playground
- Library/Resource Center with reading nooks
- Video Gaming: Xbox 360s, PS3s, Wiis, computers with internet access
- Kegler's Bar & Grill, see Dining & Catering
- Information, Tickets & Tours (ITT), see below
- General Quarters Paintball, see below
- Outdoor Adventures
- 12 Lanes of Bowling
- Multipurpose Room

GENERAL QUARTERS PAINTBALL

Ault Field, behind the Convergence Zone • 360-257-2432

Adrenaline, strategy, skill and speed make for exhilarating thrills on two separate fields. On the speedball field, enjoy high-energy action, ducking behind a series of inflatable bunkers on a 190 by 115-foot field. The ever-evolving woodsball field encourages scenario play with its own unique set of natural foxholes, hideaways and fortresses. The field is open to ages 18 and up with a signed hold-harmless agreement, and ages 10-17 when a parent signs a hold-harmless agreement and accompanies the player on site. Service members, E-3 and below, receive a waived field fee and reduced prices on starter play packages.

INFORMATION, TICKETS & TOURS (ITT)

Located within the Convergence Zone • 360-257-2432

TICKETS: ITT is the place to purchase discount tickets for California and Florida attractions.

TRIPS & TOURS: Living in the Northwest, we are a short distance from the ocean, lakes, mountains, rainforest, farmland, wine country and several major cities. Trips & Tours shows you all the hidden hot spots and local favorites. We do all the driving and you travel in style! Brochures of each quarter's trips are available. All trips originate from the Nor'Wester. Browse and sign up for trips by visiting www.navylifepnw.com and clicking on myFFR ad at the bottom of the page. You can either continue as a guest or sign up for a user name and password.

DESIGN-A-TRIP: Prefer to plan a trip with your group, on your time?

Let us help you design your own trip! Contact us to create a trip around your schedule and interests.

OUTDOOR ADVENTURES

Located within the Convergence Zone • 360-257-2432

You've arrived in the Pacific Northwest, one of the most outdoor-oriented duty stations in the country! Let our experienced staff help you select the right gear for your outdoor activities, whether it be a rental or special order. Our local knowledge can help you experience the Pacific Northwest's scenic beauty and awaiting adventures. Services include sailboat and kayak rentals. Programs include white-water rafting, kayaking day trips, backpacking, hiking, snowshoeing and more.

RECREATION SERVICES

SKYWARRIOR THEATER

955 W. Midway St. • 24-hour movie info line: 360-257-5537

Office: 360-257-5941, Friday-Sunday • 360-257-2891, Monday-Thursday

Have a seat and enjoy the show at the Navy's first digital theater!

Skywarrior shows high-quality digital movies Friday through Sunday. 3-D showings and full-length sneak previews offered. Skywarrior can accommodate command events and private showings.

GALLERY GOLF COURSE

3055 N. Cowpens Rd., Bldg. 130 • 360-257-2178

Gallery is a beautifully maintained, 18-hole golf course. Open year-round, its services include lessons, tournaments, a driving range, pro shop, resale, special orders and equipment rentals. They even have a golf pro available to help improve your swing! Tee time reservations are available every day and online at www.gallerygolfcourse.com. Gallery is open to the public!

ROCKY POINT RECREATION AREA

For reservations, please contact the Convergence Zone • 360-257-2432

Facilities available at Rock Point Recreation Area include an indoor sheltered building (Can-Do-Inn) with picnic tables and restrooms. The park is located on a bluff, with stairs leading to the beach, west of Gallery Golf Course.

COSTEN-TURNER PARK

For reservations, please contact the Convergence Zone • 360-257-2432

Costen-Turner Park can accommodate groups of 25-1,000. The park offers picnic tables, a gazebo and a playground area, perfect for barbeques and command get-togethers. Organized groups can reserve an area of the park which features picnic areas, a quarter-mile track, football/soccer field, and softball fields. Please note: there are no barbeque grills on location.

THE GRIND SKATE PARK

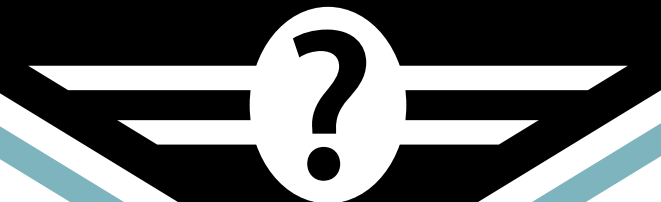
Corner of Intruder & Princeton Streets • 360-257-2432 with questions and issues

NAS Whidbey Island's Skate Park, The Grind, features a series of challenging obstacles, including a half pipe, grind box, pyramid, stairs, street ledge, quarter pipe and kicker ramp. The Grind is located across the street from the base chapel. The park is open every day from dawn to dusk.



FLEET & FAMILY READINESS

INFO GUIDE



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FLEET & FAMILY SUPPORT

NOR'WESTER

3675 W. Lexington St., Bldg. 2556

The Nor'Wester serves as a hub for many services, including the Housing Services Center, Fleet and Family Support Center (FFSC), and Fleet and Family Readiness (FFR) Administration. Please refer to the Housing Services Center and the Fleet and Family Support Center's individual listings for their contact information.

FLEET & FAMILY SUPPORT CENTER

At the Nor'Wester, 3675 W. Lexington St., Bldg. 2556

360-257-NAVY (6289) • Toll Free: 866-854-0638 to schedule counseling/consultations
Sexual Assault Response Coordinator (SAPR): 360-257-8893

The Fleet and Family Support Center (FFSC) provides support for command, individual and family readiness through a full array of programs and resources which help Navy families to be resilient, well-informed and adaptable to the Navy environment.

Programs include:

- Deployment Support for commands, sailors and their families
- Personal and Family Wellness Education and Counseling
- Emergency Preparedness and Response
- Crisis Intervention and Response
- Military and Personal Career Development
- Financial Education and Counseling
- Relocation Assistance
- Transition Assistance
- Spouse Employment Assistance

CHILD & YOUTH

CHILD DEVELOPMENT HOMES

Seaplane Base • 260 W Pioneer Way, Bldg #13 • (360) 257-6861

Home-based providers offer care for children, ages six weeks to 12 years, with the same level of high-quality care found in the Child Development Center, but with more flexibility in services, including full-time, drop-in, hourly, evening and weekend child care.

SCHOOL-AGE CARE

Register at the Youth Activities Center, 54 Wake Ave., Bldg. 2874 • 360-257-0889

School-Age Care Programs (SAC) provides organized and structured recreation and learning activities for school-age youth, in kindergarten through fifth grade. The main School-Age Care site is at the Youth Activities Center. Special day camp programs are offered during school holidays and summertime. Full day, half day and hourly care is available year-round through School-Age Care.

CHILD DEVELOPMENT CENTERS

Regatta Child Development Center • 220 NE Regatta Drive, Bldg. 2938 • 360-257-6572

Clover Child Development Center • 365 W. Clover St., Bldg. 2679 • 360-257-3302

NAS Whidbey Island has two Child Development Centers offering full-time and hourly care for children six weeks to five years of age.

The Centers' developmental programs provide the best possible care in safe and healthy environments. Parents may put in a request for care at the either the Regatta or Clover Child Development Centers.

YOUTH AND TEEN PROGRAM

54 Wake Ave., Bldg. 2874 • 360-257-3150

This program, for those in grades 6-12, is housed in the state-of-the-art Youth Activities Center. Completed in 2004, the facility boasts pool tables, air hockey, computers, video games and more. The program provides homework assistance, special interest clubs, week-long summer specialty camps and special events for ages 8-18, plus trips designed for older kids.

SCHOOL LIAISON OFFICER (SLO)

At the Nor'Wester • 3675 W. Lexington St., Bldg. 2556 • 360-257-6863

The School Liaison Officer is the central point of contact for school-related matters between NASWI Commands, military families, and local school systems. The SLO specializes in serving military students and families, and offers a wide spectrum of services, including: school transition support (PCS Cycle); deployment support; special education system navigation; communication between the command, educator, community and parents; Partnerships In Education (PIE), home-school support and post-secondary preparation.

SPECIAL SERVICES

AUTO HOBBY SHOP

3455 N. Princeton St., Bldg. 2549 • 360-257-2295

Overhaul on your own time! The Auto Hobby Shop offers most equipment needed to maintain and repair your vehicle. Services offered include car lifts, motorcycle lift (up to 1700 lbs.), stalls, tool issue, computer diagnostics, instructional booklets and more.

CONSIGNMENT LOT (WHEELS & DEALS)

Reservations and Payments can be made at The Convergence Zone • 360-257-2432

If you would like to get high visibility for a vehicle you're selling, the Wheels and Deals Lot, on the Seaplane Base, is the perfect spot. The location brings plenty of traffic to a vehicle for sale. Contracts, reservations and payments can be made at the Convergence Zone.

RV STORAGE

Reservations and Payments can be made at Cliffside RV Park • 360-257-2649

Between vacations, for a small fee, you can store your RV in one of the two lots on the Seaplane Base. The lots can accommodate vehicles up to 40 feet. Reservations and payments can be made at Cliffside RV Park. Vehicles must have current registration and insurance.

HOUSING SERVICES CENTER

At the Nor'Wester, 3675 Lexington St., Bldg. 2556 • 360-257-3331

Forest City Residential, 663 N. Brant St., • Oak Harbor, WA 98277 • 360-679-4241

Navy Family Housing is managed by our partner company, Forest City Residential. To begin the application and referral process, personnel must first contact the Housing Services Center, located in the Nor'Wester.

UNACCOMPANIED HOUSING (UH)

1175 W. Midway St., Bldg. 973 • 360-257-2038

All UH residences are within walking distance to the flight line, Navy Exchange, dining, and recreational services. Front Desk, check-in and customer service are located at NGIS, Bldg. 973.

LODGING

NAVY GATEWAY INNS & SUITES (NGIS)

1175 W. Midway St., Bldg. 973 • 360-257-2529

For reservations: 877-NAVY-BED • www.DoDLodging.net

A 5-Star "Zumwalt Award" for excellence accredited facility, NGIS offers a selection of standard rooms and suites; some suites offer kitchenettes. Front desk, check-in and customer service are located at Navy Gateway Inns & Suites, Bldg. 973.

CLIFFSIDE RV PARK

Cliffside Drive • Check-ins processed through RV Park Office • 360-257-2649

For reservations: 877-NAVY-BED • navygetaways.com | cliffside.navylifepnw.com

Nested along the shoreline of Whidbey Island, Cliffside overlooks the Strait of Juan de Fuca, Vancouver Island, the San Juan Islands and the Olympic Peninsula. With its awe-inspiring location, Cliffside offers the ambiance of shoreline living, an open window on an ever-changing marine environment and unparalleled sunsets. Featuring 56 RV sites with full water, electrical and sewer hook-ups, tent campsites, furnished yurts, restroom and shower facilities, four covered activity pavilions, coin-operated laundry facilities, and Wi-Fi.

JIM CREEK RECREATION AREA

21027 Jim Creek Rd. • Arlington, WA 98223 • 425-304-5315

For reservations: 877-NAVY-BED • navygetaways.com | jimcreek.navylifepnw.com

Nestled in the foothills of the North Cascades, Jim Creek serves as an active Naval Radio Station and a Regional Wilderness Recreation Area. Spanning nearly 5,000 acres, the area has 225 acres of old-growth forest, two lakes, miles of trails and several streams. The area features a wide variety of outdoor recreation opportunities, including camping, fishing, boating, hiking, mountain biking, and wildlife viewing. Plan your stay in The Lodge, in one of Jim Creek's Dens, at a Camping Cabin, at the Eagle's Nest RV Park, or in one of Jim Creek's new Deluxe Steelhead Cabins. On-site amenities include a small general store, numerous playgrounds, a nine-hole disc golf course, a 50-ft. tall Alpine Tower, 35-ft. rock wall, sports fields and courts, off-leash dog parks, a fitness center, and a 24-hour lounge. The facility is open to Active Duty personnel, reservists, retired military, DoD civilians, and sponsored guests.

PACIFIC BEACH RESORT & RECREATION CENTER

108 First St., North • Pacific Beach, WA 98571 • 360-276-4414

For reservations: 877-NAVY-BED •

www.navygetaways.com | pacbeach.navylifepnw.com

Known as "Washington's Best Kept Secret", Pacific Beach is set between Olympic National Forest and the Pacific Ocean, making scenic Pacific Beach an ideal location for family fun, romance and relaxation. Accommodations include 3-, 4-, and 5-bedroom cottages, hotel rooms and suites, an RV park, and campsites. Open year-round!

DINING & CATERING

ADMIRAL NIMITZ HALL GALLEY

1040 W. Intruder St., Bldg. 382 • 360-257-2714

The Admiral Nimitz Hall is conveniently located in the center of Ault Field, near Unaccompanied Housing and flight-line workstations. The Galley serves breakfast, lunch and dinner; the mobile canteen maintains a regular route during the lunch period. Open to Active Duty Personnel, Reserve Personnel when on orders, escorted dependents of Active Duty or activated reserves, DoD Civilians and Contractors on Government Travel Orders stamped "Messing Available", and non-profit youth groups such as NROTC, Sea Scouts while aboard the base.

BAKERVIEW RESTAURANT

1080 W. Ault Field Rd., Bldg. 138 • 360-257-2505

Bakerview Restaurant is open to All Hands and serves lunch Monday–Friday, featuring wonderful homemade soup, a healthy salad bar and great daily lunch specials.

M.T. MCCORMICK'S OFFICERS' CLUB

1185 W. Midway St., Bldg. 963 • 360-257-2521

Membership at The Officers' Club provides a wealth of privileges, including special events, Friday Happy Hour, live entertainment and discounts at other facilities. The O' Club is well known for its excellence in catering. Catering services and conference space is available to All Hands.

CHIEFS' CLUB

1080 W. Ault Field Rd., Bldg. 138 • 360-257-2505

Welcome aboard the finest Chiefs' Club in the Fleet. The Chiefs' (CPO) Club has over 900 Active Duty and Retired members, spanning all generations from the World War II era to present day. The CPO Club is reserved for members and their guests (including E-7 to E-9 TAD's for up to 30 days), offering weekly happy hour and special events. Members also receive discounts at other MWR facilities. Catering services and conference space is available to All Hands.

KEGLER'S BAR & GRILL

Located within the Convergence Zone • 360-257-1567

Kegler's is a casual eatery, located inside the Convergence Zone, popular for its pizza, subs, burgers, grinders and Philly cheesesteak sandwiches. Delivery to Ault Field is available with a \$6 minimum order. Open seven days a week. The bar area features pool tables, dart boards, NFL Sunday Ticket™ (seasonal), a weekly DJ, themed nights, open-mic nights, and trivia nights. It's available to All Hands 18 and older. Must show valid ID and be 21 or older to drink alcohol.

DUFFER'S DELI

Located at Gallery Golf Course, 3055 N. Cowpens Rd., Bldg. 130 • 360-257-5050

Duffer's is located at Gallery Golf Course. Breathtaking views of the course and San Juan Islands makes it a great place to take a break from the game, or just visit for lunch. Duffer's is open during the peak golf season (May-October) and catering is available.

CATERING AND EVENT PLANNING

Located at MT McCormick's O'Club, 1185 W. Midway St., Bldg. 963. 138 • 360-257-2521

Naval Air Station Whidbey Island offers wonderful indoor and outdoor settings with views of Mt. Baker, the Olympic Mountains, and Strait of Juan de Fuca. We pride ourselves in quality catering at affordable prices and can customize a menu to suit any event. Specialties include retirements, changes of command, holiday parties, weddings and birthdays.