



CYCLE DAY 17

BREAKFAST

TEXAS HASH
GRILLED SAUSAGE PATTIES
WAFFLES
HASH BROWNS
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

BEEF & BROCCOLI
SWEET & SOUR CHICKEN
PANCIT
JASMINE RICE
ORIENTAL VEG. STIR FRY
SAVORY SUMMER SQUASH
EGG DROP SOUP
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
TATER TOTS
FRUIT BAR
SALAD BAR
OATMEAL CHOC CHIP COOKIES
CHEESECAKE
CHOCOLATE CAKE
FRUIT JELLO

DINNER

PIZZA
HONEY LEMON CHICKEN
GARLIC POTATO WEDGES
JOLLOFF RICE
CALICO CABBAGE
BLACK EYED PEAS & CARROTS
CHICKEN GRAVY
EGG DROP SOUP
FRUIT BAR
SALAD BAR
FRUIT BAR
SALAD BAR
OATMEAL CHOC CHIP COOKIES
CHEESECAKE
CHOCOLATE CAKE
FRUIT JELLO