



CYCLE DAY 2

BREAKFAST

GRILLED BACON
GRILLED HAM STEAK
FRENCH TOAST
O'BRIEN POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

TACOS
CHALUPA
TOSSED GREEN RICE
REFRIED BEANS
MEXICAN CORN
SOUTH OF THE BORDER MEDLY
ASPARAGUS CON QUESO
CALIENTE
CORN MUFFINS
BEEF QUESADILLA
CHICKEN QUESADILLA
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO

DINNER

TURKEY DIVAN
MEATLOAF
SEASONED EGG NOODLES
GARLIC MASHED POTATOES
BROWN GRAVY
CORN ON THE COB
HERBED GREEN BEANS
ASPARAGUS CON QUESO
CALIENTE
CORN MUFFINS
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO