NAVAL AIR STATION WHIDBEY ISLAND CAPTAIN'S CUP 2025 EVENTS

Leagues Men's & Women's

Matches played Monday-Thursday, duration dependent on number of teams.

SPORT/EVENT	Coaches Meeting	Start Date	Event Location
Volleyball	Jan. 27, 2 p.m.	Feb. 3	NASWI Fitness Center
Soccer	April 7, 2 p.m.	April 14	NASWI Fitness Center
Bowling	April 21, 2 p.m.	April 28	Convergence Zone
Softball	May 12, 2 p.m.	May 27	NASWI Fitness Center
Golf	May 12, 2 p.m.	May 29	Gallery Golf Course
Flag Football	Aug. 25, 2 p.m.	Sept. 8	NASWI Fitness Center

Tournaments

SPORT/EVENT	Registration by	Start Date	Event Location
Darts Tournament	Feb. 6	Feb. 7, 7 p.m.	Convergence Zone Back Alley
Indoor Rowing Competition	Feb. 28	March 1, 9 a.m.	NASWI Fitness Center
Dodgeball Tournament	May 8	May 9, 11 a.m.	NASWI Fitness Center
Tennis Tournament	July 10	July 11, 11 a.m.	NASWI Fitness Center
Frisbee Golf Tournament	Aug. 1	Aug. 2, 11 a.m.	NASWI Frisbee Golf Course
Pickleball Tournament	Oct. 10	Oct. 11, 9 a.m.	NASWI Fitness Center
Racquetball Tournament	Nov. 7	Nov. 8, 9 a.m.	NASWI Fitness Center

2025 Admiral's Cup Calendar

EVENT	Application Deadline	Event Location
Basketball – Men's & Women's	March 8	NSE
Volleyball - Men's & Women's	April 19	NBK
Soccer	May 31	NASWI
Softball - Men's & Women's	July 19	NASWI
Golf	Aug 16	NBK
Football	Nov 1	NSE

*Dates subject to change











NAVAL AIR STATION WHIDBEY ISLAND CAPTAIN'S CUP 2025 EVENTS

	Fitness Events		
	EVENT	Date	Time
	2025 New Year's Day Polar Bear Plunge & Resolution Run	Jan. 1	10 a.m.
	The Great Leprechaun Chase 5K/10K	March 15	10 a.m.
H	Shower the April Power: 3-Lift Competition	April 18	4-6 p.m.
	Gold Star Command Challenge	May 16	11 a.m.
	Summer Sprint Triathlon	June 27	9-11 a.m.
	Prevention & Awareness Color 5K walk/run	July 18	11 a.m.
	Growler 8K Walk/Run	Aug 1	3 p.m.
	POW/MIA Remembrance 5K	Sept. 19	11 a.m.
	Domestic Violence Prevention Obstacle Course	Oct. 10	11 a.m.
	Turkey Trot 5K/10K	Nov. 22	9 a.m.
	Turkey Burn Indoor Cycling event	Nov. 11	11 a.m.
	Run/Bike/Row Challenge	Dec. 11	11 a.m.

*Dates subject to change









