



CYCLE DAY 14

BREAKFAST

SAUSAGE GRAVY W/ BISCUITS

GRILLED BACON

WAFFLES

HOME FRIED POTATOES

HOMINY GRITS

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

CREOLE CHICKEN

GRILLED CHEESE

GRILLED HAM & CHEESE

SAUSAGE GRAVY W/ BISCUIT

WAFFLES

HOME FRIED POTATOES

HERBED BROCCOLI

MONACO VEG BLEND

TOMATO SOUP

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

SALAD ABR

CEREAL BAR

LEMON POUND CAKE

FRUIT JELLO

DINNER

ITALIAN RICE & BEEF

SAVORY BAKED CHICKEN

PAPRIKA BUTTERED POTATOES

BEAN COMBO

FRENCH GREEN BEANS

TOMATO SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO