

CYCLE DAY 1

BREAKFAST

PANCAKES
GRILLED BACON
CREAMED GROUND BEEF
HASH BROWNS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

SPINACH LASAGNA
MEAT LASAGNA
HERBED BAKED CHICKEN
SPICY BROWN RICE PILAF
GLAZED BABY CARROTS
ZUCCHINI W/ BASIL
TOSCANO SOUP
TOASTED GARLIC BREAD
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO

DINNER

MEXICAN BAKED CHICKEN
GRILLED CHEESE
GRILLED HAM & CHEESE
SPANISH RICE
ROASTED BROCCOLI
STEAMED CORN
TOMATO SOUP
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO



CYCLE DAY 2

BREAKFAST

GRILLED BACON
GRILLED HAM STEAK
FRENCH TOAST
O'BRIEN POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

TACOS
CHALUPA
TOSSED GREEN RICE
REFRIED BEANS
MEXICAN CORN
SOUTH OF THE BORDER MEDLY
ASPARAGUS CON QUESO CALIENTE
CORN MUFFINS
BEEF QUESADILLA
CHICKEN QUESADILLA
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO

DINNER

TURKEY DIVAN
MEATLOAF
SEASONED EGG NOODLES
GARLIC MASHED POTATOES
BROWN GRAVY
CORN ON THE COB
HERBED GREEN BEANS
ASPARAGUS CON QUESO CALIENTE
CORN MUFFINS
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO



CYCLE DAY 3

BREAKFAST

CORNED BEEF HASH
GRILLED SAUSAGE PATTIES
WAFFLES
COTTAGE FRIED POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

HONEY GLAZED CHICKEN
CHUCK WAGON STEW
LENTIL CHILI
BROWN RICE
FRIED CABBAGE
PEAS & CARROTS
CHICKEN RICE SOUP
HOT ROLLS
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
TATER TOTS
FRUIT BAR
SALAD BAR
OATMEAL CHOC. CHIP COOKIES
CHOCOLATE CAKE
FRUIT JELLO

DINNER

ITALIAN RICE & BEEF
CHICKEN CACCIATORE
DEVEILED OVEN FRIES
BROWN RICE
ZUCCHINI W/ BASIL
STEAMED CAULIFLOWER
CHICKEN RICE SOUP
HOT ROLLS
FRUIT BAR
SALAD BAR
CHOCOLATE CAKE
OATMEAL CHOC. CHIP COOKIES
FRUIT JELLO



CYCLE DAY 4

BREAKFAST

GRILLED TURKEY LINKS
SAUSAGE GRAVY W/ BISCUIT

FRENCH TOAST

HOME FRIED POTATOES

HOT OATMEAL

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

CREOLE MAC

BAKED CHICKEN W/
MUSHROOM GRAVY

SICILIAN BROWN RICE &
VEGETABLES

HERBED BROCCOLI

ITALIAN VEG MEDLEY

ZUPPA TUSCANY

GARLIC BREAD STICKS

CHICKEN QUESADILLA

BEEF QUESADILLA

FRUIT BAR

SALAD BAR

CARROT CAKE

BROWNIES

CHOCOLATE CHIP COOKIES

FRUIT JELLO

DINNER

GRILLED CHICKEN SANDWICH

CAJUN ROAST BEEF

MASHED POTATOES

BROWN GRAVY

GREEN BEANS

CAULIFLOWER COMBO

ZUPPA TOSCANO

FRUIT BAR

SALAD BAR

CARROT CAKE

BROWNIES

CHOCOLATE CHIP COOKIES

FRUIT JELLO



CYCLE DAY 5

BREAKFAST

GRILLED HAM STEAK
MINCED BEEF
BLUEBERRY PANCAKES
CHEESY DICED POTATOES
HOMINY GRITS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

BLACKENED CHICKEN
PIZZA CASSEROLE
ROSEMARY POTATO WEDGES
CALICO CORN
CLUB SPINACH
CHICKEN CORN CHOWDER
CLOVERLEAF ROLLS
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
VANILLA CAKE
SUGAR COOKIES
BLONDIES
FRUIT JELLO

DINNER

ROAST PORK
SHEPHERDS PIE
ITALIAN ROASTED POTATOES
SAVORY SUMMER SQUASH
FRESH CARROTS
CHICKEN CORN CHOWDER
CLOVERLEAF ROLLS
FRUIT BAR
SALAD BAR
VANILLA CAKE
SUGAR COOKIES
BLONDIES
FRUIT JELLO



CYCLE DAY 6

BREAKFAST

TEXAS HASH
GRILLED BACON
FRENCH TOAST
HOME FRIED POTATOES
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

SAVORY BAKED CHICKEN
TUNA TETRAZZINI
GRILLED BACON
FRENCH TOAST
HOME FRIED POTATOES
BROWN RICE
ROASTED CAULIFLOWER
CHICKEN W/ WHITE & WILD
RICE SOUP
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
SALAD BAR
CEREAL BAR
BREAD PUDDING
FRUIT JELLO

DINNER

BAKED PENNE W/ MEAT SAUCE
BBQ CHICKEN
BROWN RICE
BROCCOLI COMBO
CARROTS AMANDINE
CHICKEN W/ WHITE & WILD
RICE SOUP
FRUIT BAR
SALAD BAR
BREAD PUDDING
FRUIT JELLO



CYCLE DAY 7

BREAKFAST

CORNED BEEF HASH
GRILLED HAM STEAK
WAFFLES
COTTAGE FRIED POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

CORNED BEEF HASH
CREOLE CHICKEN
GRILLED HAM & CHEESE
GRILLED CHEESE
RICE PILAF
WAFFLES
COTTAGE FRIED POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
TOMATO SOUP
FRUIT BAR
SALAD BAR
CEREAL BAR
BREAD PUDDING
FRUIT JELLO

DINNER

CHILI MAC
PINEAPPLE CHICKEN
LYONNAISE POTATOES
HERBED GREEN BEANS
FRESH CARROTS
TOMATO SOUP
FRUIT BAR
SALAD BAR
BREAD PUDDING
FRUIT JELLO



CYCLE DAY 8

BREAKFAST

GRILLED TURKEY LINKS
GRILLED BACON
PANCAKES
O'BRIEN POTATOES
HOMINY GRITS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

CHILI CONQUISTADOR
FRIED CHICKEN
SPICY BROWN RICE PILAF
BAKED MAC & CHEESE
ANTIGUA BLEND
CORN O'BRIEN
CHICKEN SAUSAGE GUMBO
CORN MUFFINS
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO

DINNER

BEEF STROGANOFF
ROSEMARY TURKEY ROAST
EGG NOODLES
MASHED POTATOES
CHICKEN GRAVY
LYONNAISE CARROTS
ROASTED BROCCOLI
CHICKEN SAUSAGE GUMBO
CORN MUFFINS
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO



CYCLE DAY 9

BREAKFAST

MINCED BEEF
GRILLED SAUSAGE PATTIES
FRENCH TOAST
BREAKFAST RICE
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

CHICKEN ENCHILIDAS
BEEF ENCHILIDAS
SPANISH RICE
SIMMERED BLACK BEANS
MEXICAN CORN
SOUTH OF THE BORDER
BROCCOLI
TEXAS TORTILLA SOUP
JALAPENO CORNBREAD
BEEF QUESADILLA
CHICKEN QUESADILLA
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO

DINNER

SPAGHETTI W/ MEAT SAUCE
CHICKEN ADOBO
BROWN RICE
PEAS & CARROTS
CORN ON THE COB
TEXAS TORTILLA SOUP
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO



CYCLE DAY 10

BREAKFAST

CORNED BEEF HASH
GRILLED BACON
WAFFLES
HASH BROWNS
HOMINY GRITS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

CHINESE 5 SPICE CHICKEN
PIZZA
BROWN RICE
CLUB SPINACH
SQUASH & CARROT MEDLEY
CALIFORNIA MEDLEY SOUP
TOASTED GARLIC BREAD
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
CHOCOLATE CAKE
OATMEAL CHOC. CHIP COOKIE
CHEESECAKE
FRUIT JELLO

DINNER

SWEDISH MEATBALLS
HERBED BAKED CHICKEN
GARLIC POTATO WEDGES
EGG NOODLES
SAVORY SUMMER SQUASH
ROASTED CAULIFLOWER
CALIFORNIA MEDLEY SOUP
FRUIT BAR
SALAD BAR
CHOCOLATE CAKE
OATMEAL CHOC. CHIP COOKIE
CHEESECAKE
FRUIT JELLO



CYCLE DAY 11

BREAKFAST

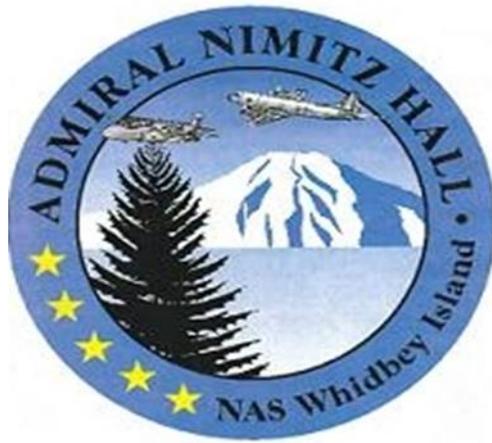
GRILLED TURKEY LINKS
GRILLED SAUSAGE PATTIES
BLUEBERRY PANCAKES
O'BRIEN POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

YANKEE POT ROAST
CHICKEN & VEGETABLE ALFREDO
BOILED PASTA
GARLIC MASHED POTATOES W/
GRAVY
FRESH CARROTS
CALIFORNIA VEGETABLE MEDLEY
CREAM OF MUSHROOMS SOUP
TOASTED GARLIC BREAD
BEEF QUESADILLA
CHICKEN QUESADILLA
FRUIT BAR
SALAD BAR
CARROT CAKE
BROWNIES
CHOC. CHIP COOKIES
FRUIT JELLO

DINNER

PORK ADOBO
TERIYAKI CHICKEN
BROWN RICE
ROASTED PEPPER POTATOES
FRESH BROCCOLI
SUMMER SQUASH
CREAM OF MUSHROOM SOUP
TOASTED GARLIC BREAD
FRUIT BAR
SALAD BAR
CARROT CAKE
CHOC. CHIP COOKIES
BROWNIES
FRUIT JELLO



CYCLE DAY 12

BREAKFAST

TEXAS HASH
GRILLED BACON
FRENCH TOAST
O'BRIEN POTATOES
HOMINY GRITS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

HONEY LEMON CHICKEN
HAMBURGER YAKISOBA
BROWN RICE
CORN COMBO
SOUTHERN STYLE GREENS
BROCCOLI CHEESE SOUP
HOT ROLLS
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
VANILLA CAKE
SUGAR COOKIES
BLONDIES
FRUIT JELLO

DINNER

SLOPPY JOE
GRILLED CHICKEN BREAST
ISLANDERS RICE
CAULIFLOWER AU GRATIN
ANTIGUA VEG BLEND
FRUIT BAR
SALAD BAR
VANILLA CAKE
SUGAR COOKIES
BLONDIES
FRUIT JELLO



CYCLE DAY 13

BREAKFAST

CREAMED GROUND TURKEY

GRILLED HAM STEAK

FRENCH TOAST

COTTAGE FRIED POTATOES

HOT FARINA

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

GRILLED HAM STEAK

CHICKEN SCALLOPINI

ROAST PORK SANDWICH

GARLIC LEMON POTATO WEDGES

FRENCH TOAST

HOT FARINA

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

BROCCOLI

CARROTS

CHICKEN RICE SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO

DINNER

CREOLE MAC

BAKED CHICKEN W/ MUSHROOM
GRAVY

GARLIC POTATO WEDGES

COLLARD GREENS

MIXED VEGETABLES

CHICKEN RICE SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO



CYCLE DAY 14

BREAKFAST

SAUSAGE GRAVY W/ BISCUITS

GRILLED BACON

WAFFLES

HOME FRIED POTATOES

HOMINY GRITS

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

CREOLE CHICKEN

GRILLED CHEESE

GRILLED HAM & CHEESE

SAUSAGE GRAVY W/ BISCUIT

WAFFLES

HOME FRIED POTATOES

HERBED BROCCOLI

MONACO VEG BLEND

TOMATO SOUP

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

SALAD ABR

CEREAL BAR

LEMON POUND CAKE

FRUIT JELLO

DINNER

ITALIAN RICE & BEEF

SAVORY BAKED CHICKEN

PAPRIKA BUTTERED POTATOES

BEAN COMBO

FRENCH GREEN BEANS

TOMATO SOUP

FRUIT BAR

SALAD BAR

LEMON POUND CAKE

FRUIT JELLO



CYCLE DAY 15

BREAKFAST

MINCED BEEF
GRILLED BACON
PANCAKES
CHEESY DICED POTATOES
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

BBQ PULLED PORK
TURKEY A LA KING
EGG NOODLES
CAULIFLOWER AU GRATIN
GREEN BEAN COMBO
NEW ENGLAND CLAM
CHOWDER
HOT ROLLS
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
FRENCH FRIES
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO

DINNER

MEAT LOAF
CHEDDAR CHICKEN & BROCCOLI
MASHED POTATOES
LYONNAISE POTATOES
BROWN GRAVY
OKRA MELANGE
CORN
NEW ENGLAND CLAM
CHOWDER
FRUIT BAR
SALAD BAR
MARBLE CAKE
SUGAR COOKIES
FRUIT JELLO



CYCLE DAY 16

BREAKFAST

GRILLED BACON
GRILLED TURKEY LINKS
FRENCH TOAST
O'BRIEN POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

TACOS
CHALUPA
SIMMERED PINTO BEANS
SPANISH RICE
SOUTH OF THE BORDER
BROCCOLI
HACIENDA BLACK BEANS &
CORN
POTATO & ROASTED PEPPER
SOUP
CORN MUFFINS
BEEF QUESADILLA
CHICKEN QUESADILLA
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN
CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO

DINNER

CHILI MAC
TURKEY POLYNESIAN
STEAMED RICE
CAULIFLOWER COMBO
SWEET SOUR GREENS
POTATO & ROASTED PEPPER
SOUP
CORN MUFFINS
FRUIT BAR
SALAD BAR
PINEAPPLE UPSIDE DOWN
CAKE
SNICKERDOODLE COOKIES
FRUIT JELLO



CYCLE DAY 17

BREAKFAST

TEXAS HASH
GRILLED SAUSAGE PATTIES
WAFFLES
HASH BROWNS
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

BEEF & BROCCOLI
SWEET & SOUR CHICKEN
PANCIT
JASMINE RICE
ORIENTAL VEG. STIR FRY
SAVORY SUMMER SQUASH
EGG DROP SOUP
GRILLED CHEESEBURGER
GRILLED TURKEY BURGER
TATER TOTS
FRUIT BAR
SALAD BAR
OATMEAL CHOC CHIP COOKIES
CHEESECAKE
CHOCOLATE CAKE
FRUIT JELLO

DINNER

PIZZA
HONEY LEMON CHICKEN
GARLIC POTATO WEDGES
JOLLOFF RICE
CALICO CABBAGE
BLACK EYED PEAS & CARROTS
CHICKEN GRAVY
EGG DROP SOUP
FRUIT BAR
SALAD BAR
FRUIT BAR
SALAD BAR
OATMEAL CHOC CHIP COOKIES
CHEESECAKE
CHOCOLATE CAKE
FRUIT JELLO



DAY 18

BREAKFAST

CORNED BEEF HASH
GRILLED BACON
PANCAKES
BREAKFAST RICE
HOMINY GRITS
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

CHILI CONQUISTADOR
BOMBAY CHICKEN
ROASTED PEPPER POTATOES
RICE PILAF
BLACK EYED PEAS &
CARROTS
SCANDINAVIAN VEG BLEND
TORTELLINI SOUP
BAKING POWDER BISCUITS
CHICKEN QUESADILLA
BEEF QUESADILLA
FRUIT BAR
SALAD BAR
CARROT CAKE
BROWNIES
CHOC. CHIP COOKIES
FRUIT JELLO

DINNER

BBQ CHICKEN
BEEF PORCUPINES
RED BEANS & RICE
BAKED MAC & CHEESE
FRIED CABBAGE
GREEN BEANS
TORTELLINI SOUP
BAKING POWDER BISCUITS
FRUIT BAR
SALAD BAR
CARROT CAKE
BROWNIES
CHOC. CHIP COOKIES
FRUIT JELLO



CYCLE DAY 19

BREAKFAST

SAUSAGE GRAVY & BISCUITS

MINCED BEEF

FRENCH TOAST

HOME FRIED POTATOES

HOT OATMEAL

BOILED EGGS

SCRAMBLED EGG WHITES

OMELET BAR

YOGURT & SMOOTHIES

FRUIT BAR

CEREAL BAR

LUNCH

GRILLED PORK CHOPS

CHICKEN ADOBO

GARLIC POTATO WEDGES

JASMINE RICE

BROCCOLI PARMESAN

SIMMERED SQUASH

BROWN GRAVY

MINESTRONE SOUP

HOT ROLLS

GRILLED CHEESEBURGER

GRILLED TURKEY BURGER

FRENCH FRIES

FRUIT BAR

SALAD BAR

VANILLA CAKE

SUGAR COOKIES

BLONDIES

FRUIT JELLO

DINNER

SWEDISH MEATBALLS

HERBED BAKED CHICKEN

GARLIC LEMON POTATO WEDGES

SPANISH RICE

HACIENDA GREEN BEANS

PEAS & CARROTS

MINESTRONE SOUP

HOT ROLLS

FRUIT BAR

SALAD BAR

VANILLA CAKE

SUGAR COOKIES

BLONDIES

FRUIT JELLO



CYCLE DAY 20

BREAKFAST

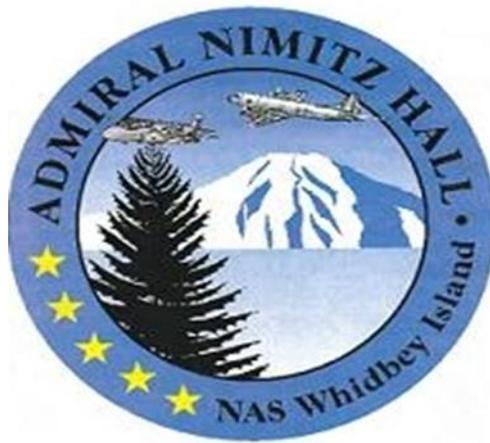
GRILLED BACON
GRILLED SAUSAGE PATTIES
FRENCH TOAST
HACIENDA POTATOES
HOT FARINA
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

GREEN CHILI
GRILLED SAUSAGE PATTIES
FRENCH TOAST
HACIENDA POTATOES
GARLIC RICE
CALICO CORN
SESAME GLAZED GREEN BEANS
ZESTY BLACK BEAN SOUP
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR
BROWNIES
FRUIT JELLO

DINNER

PINEAPPLE CHICKEN
BAKED PENNE W/ MEAT SAUCE
BROWN RICE
GLAZED CARROTS
SESAME GLAZED GREEN BEANS
ZEESTY BLACK BEAN SOUP
FRUIT BAR
SALAD BAR
BROWNIES
FRUIT JELLO



CYCLE DAY 21

BREAKFAST

GRILLED SAUSAGE LINKS
GRILLED SAUSAGE PATTIES
PANCAKES
O'BRIEN POTATOES
HOT OATMEAL
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
CEREAL BAR

LUNCH

TURKEY POT PIT
SLOPPY JOE
GRILLED SAUSAGE PATTIES
PANCAKES
ROSEMARY POTATO WEDGES
GREEN BEAN PARISIENNE
STEAMED CARROTS
MINESTRONE SOUP
BOILED EGGS
SCRAMBLED EGG WHITES
OMELET BAR
YOGURT & SMOOTHIES
FRUIT BAR
SALAD BAR
CEREAL BAR
BROWNIES
FRUIT JELLO

DINNER

BRAISED BEEF & NOODLES
PALAVER CHICKEN
LONG GRAIN & WILD RICE
ASPARAGUS
FRESH CARROTS
MINESTRONE SOUP
FRUIT BAR
SALAD BAR
BROWNIES
FRUIT JELLO



GALLEY IS OPEN FOR ACTIVE AND RESERVE COMPONENTS.

MENU ITEMS ARE SUBJECT TO CHANGE.

A SPECIAL MEAL IS HELD EVERY 3RD WEDNESDAY OF THE MONTH WITH THE EXCEPTION OF THANKSGIVING AND CHRISTMAS. DURING SPECIAL MEALS THE GALLEY IS OPEN IS ALL HANDS INCLUDING DOD EMPLOYEES AND RETIREES.

	DISCOUNT RATE	SURCHARGE	FULL RATE
BREAKFAST	\$3.25	\$1.15	\$4.40
LUNCH	\$5.40	\$1.70	\$7.10
DINNER	\$4.65	\$1.45	\$6.10
HOLIDAY	\$8.55	\$3.00	\$11.55