FLEET & FAMILY READINESS INFO GUIDE

SPORTS & FITNESS

Fitness Center

3675 W. Lexington St., Bldg. 156 • 360-257-2340
This 55,000 square foot facility provides complete athletic group fitness classes and run/walk events. Extensive cardio and strength apparatus comprise the facility's equipment. The Fitness Center and its surrounding area also features a sauna, racquetball courts, basketball court, volleyball court, a NOFFS Zone, tennis courts, synthetic turf softball fields, synthetic turf football field, family fitness room and the Seaview Court, a scenic 3.3-mile, marked jogging trail. The Family Fitness Room is a family-friendly zone for parents to work out while watching their children. A parent or legal guardian must remain in the Family Fitness Room with direct line-of-sight supervision with their children.

虽然NAS Whidbey Island doesn’t have a recreational swimming facility, MWVR has developed partnerships with Anacortes’ Fidalgo Pool and Oak Harbor’s Vanderzicht Pool. Active duty Swim FREE and Active Duty family members receive FREE open swim. All other eligible patrons, please contact the pool for rates. Fidalgo Pool 360-293-0673, Vanderzicht Pool, 360-675-7665.

Family Fitness Room

Located within the Convergence Zone • 360-257-2432
The Family Fitness Room is a family-friendly zone for parents to supervise with their children. The Family Fitness Room offers free access; Wi-Fi; a sound-proof music booth with instruments; pool table, and surround sound; 11 Xbox 360’s; 18 computers with internet access; and video gaming: Xbox 360, PS3, Win, computers with internet access; Regler’s Bar & Grill, see Dining & Catering; Information, Tickets & Tours (ITT), see below; General Quarters Paintball, see below; Outdoor Adventures; 12 Lanes of Bowling; Multipurpose Room.

LIBERTY NORTHWEST

Located at Admiral Nimitz Hall Galley, 3675 Lexington St., Bldg. 2556 • 360-257-2309
The Liberty Program is primarily for young, enlisted service members; however, all unaccompanied personnel assigned to US Navy installations are eligible to participate. The Liberty Northwest Center, located in the Admiral Nimitz Hall Galley, boasts a movie room, complete with a 62-inch television, 12 oversized Lazyboy® recliners and surrounding sound; 11 Xbox 360’s; 18 computers with internet access; Wi-Fi; a sound-proof music booth with instruments; pool table, football table, ping pong tables, and more. Activities include mall trips, instructional classes, concerts, outdoor excursions, volunteer opportunities, overnight trips and holiday events. Please note that children under the age of 18 are not permitted on Liberty trips and tours, or inside Liberty centers.

Deployed Forces Support

Operation Uplift

Located at Admiral Nimitz Hall, 3675 W. Lexington St., Bldg. 2556 • 360-257-9014
The mission of Operation Uplift is to support sailors and their families during all phases of deployment by providing outstanding programs, customer service, and morale to ensure each sailor and family member has a successful deployment experience. Operation Uplift also supports remote detachment sites with recreational equipment and holiday decorations. Operation Uplift is your place to go for planning functions and parties. We can provide equipment at no charge for official command functions, such as homecomings, change of command and command picnics.

NAVY COMMUNITY RECREATION

Convergence Zone

3535 Fleet Preston St., Bldg. 2510 • 360-257-2432
Convergence Zone offers Wi-Fi throughout the facility and features:
- Indoor Playground
- Library/Resource Center with reading nooks
- Video Gaming: Xbox 360, PS3, Win, computers with internet access
- Regler’s Bar & Grill, see Dining & Catering
- Information, Tickets & Tours (ITT), see below
- General Quarters Paintball, see below
- Outdoor Adventures
- 12 Lanes of Bowling
- Multipurpose Room

General Quarters Paintball

Aft Field, behind the Convergence Zone • 360-257-2432
Adrenaline, strategy, skill and speed make for exhilarating thrills on two separate fields. On the speedball field, enjoy-high energy action, ducking behind a series of inflatable bunkers on a 190 by 115-foot field. The ever-evolving speedball field encourages scenario play with its own unique set of natural foxholes, hideaways and fortresses. The field is open to ages 18 and up with a signed hold-harmless agreement, and ages 10-17 when a parent signs a hold-harmless agreement and accompanies the player on site. Service members, E-3 and below, receive a waived field fee and reduced prices on starter play packages.

Information, Tickets & Tours (ITT)

Located within the Convergence Zone • 360-257-2432
Tickets: ITT is the place to purchase discount tickets for California and Florida attractions.

Trips & Tours: Living in the Northwest, we are a short distance from the ocean, lakes, mountains, rainforest, farmland, wine country and several major cities. Trips & Tours shows you all the hidden hot spots and local favorites. We do all the driving and you travel in style! Brochures of each quarter’s trips are available. All trips originate from the Nor’Wester. Browse and sign up for trips by visiting www.navylifepnw.com and clicking on myFFR ad at the bottom of the page. You can either continue as a guest or sign up for a user name and password.

Design-A-Trip: Prefer to plan a trip with your group, on your time? Let us help you design your own trip! Contact us to create a trip around your schedule and interests.

Outdoor Adventures

Located within the Convergence Zone • 360-257-2432
You’ve arrived in the Pacific Northwest, one of the most outdoor-oriented duty stations in the country! Let our experienced staff help you select the right gear for your outdoor activities, whether it be a rental or special order. Our local knowledge can help you experience the Pacific Northwest’s scenic beauty and awaiting adventures. Services include sailboat and kayak rentals. Programs include white-water rafting, kayaking day trips, backpacking, hiking, snowshoeing and more.

Recreation Services

Skywarrior Theater

955 W. Midway St., 24-hour movie line: 360-257-5537
Office: 360-257-5941, Friday-Sunday • 360-257-2891, Monday-Thursday
Have a seat and enjoy the show at the Navy’s first digital theater! Skywarrior shows high-quality digital movies Friday through Sunday. 3-D showings and full-length sneak previews offered. Skywarrior can accommodate command events and private showings.

Gallery Golf Course

3535 Fleet Preston St., Bldg. 117 • 360-257-2432
Gallery is a beautifully maintained, 18-hole golf course. Open year-round, its services include lessons, tournaments, a driving range, pro shop, resale, special orders and equipment rentals. They even have a golf pro available to help improve your swing! Tee time reservations are available every day and online at www.gallerygolfcourse.com.

Gallery is open to the public!

Rocky Point Recreation Area

For reservations, please contact the Convergence Zone • 360-257-2432
Facilities available at Rocky Point Recreation Area include an indoor sheltered building (Can-Do-Im) with picnic tables and restrooms. The park is located on a bluff, with stairs leading to the beach, west of Gallery Golf Course.

Costen-Turner Park

For reservations, please contact the Convergence Zone • 360-257-2432
Costen-Turner Park can accommodate groups of 25-1,000. The park offers picnic tables, a gazebo and a playground area, perfect for barbecues and command get-togethers. Organized groups can reserve an area of the park which features picnic areas, a quarter-mile track, football/soccer field, and softball fields. Please note: there are no barbeque grills on location.

The Grind Skate Park

Located within the Convergence Zone • 360-257-2432
Golf pro available to help improve your swing! Tee time reservations are available every day and online at www.navylifepnw.com!

SCAN HERE WITH YOUR SMARTPHONE TO CHECK OUT OUR NEW CALENDAR OF EVENTS FEATURE ON WWW.NAVYLIFEPNW.COM!
The Centers' developmental programs provide the best possible care in full-time and hourly care for children six weeks to five years of age. School Liaison Officer (SLO)

At the Nor’Wester, 3675 W. Lexington St., Bldg. 256 • 360-257-6663

The School Liaison Officer is the central point of contact for school-related matters between NAVS Command, military families, and local school systems. The SLO specializes in serving military students and families, and offers a wide spectrum of services, including: school transition support (PCS Cycle); deployment support; special education system navigation; communication between the command, educator, community and parents; Partnerships in Education (PIE), home-school support and post-secondary preparation.

SPECIAL SERVICES

AUTO HOBBY SHOP

3455 N. Princeton St., Bldg. 2549 • 360-257-2295

Overhaul on your own time! The Auto Hobby Shop offers most equipment needed to maintain and repair your vehicle. Services offered include car lift, motorcycle lift (up to 1,700 lbs.), tools, tire issue, computer diagnostics, instructional booklets and more.

CONSIGNMENT LOT (WHEELS & DEALS)

Reservations and Payments can be made at The Convergence Zone • 360-257-2432

If you would like to get high visibility for a vehicle you’re selling, the Wheels and Deals Lot, on the Seaplane Base, is the perfect spot. The location brings plenty of traffic to a vehicle for sale. Contracts, reservations and payments can be made at the Convergence Zone.

RV STORAGE

Reservations and Payments can be made at Clifford RV Park • 360-257-3469

Between vacations, for a small fee, you can store your RV in one of the two lots on the Seaplane Base. The lots can accommodate vehicles up to 40 feet. Reservations and payments can be made at Clifford RV Park. Vehicles must have current registration and insurance.

HAUSING SERVICES CENTER

At the Nor’Wester, 3675 W. Lexington St., Bldg. 2556 • 360-257-1333

Forest City Residential, 663 N. Grant St., Clark Harbor, WA 98277 • 360-679-4241

Navy Family Housing is managed by our partner company, Forest City Residential. To begin the application and referral process, personnel must first contact the Housing Services Center, located in the Nor’Wester.

YOUTH AND TEEN PROGRAM

54 Whale Ave., Bldg. 2074 • 360-257-1350

This program, for those in grades 6-12, is housed in the state-of-the-art Youth Activities Center. Completed in 2004, the facility boasts pools, table air, hockey, computers, video games and more. The program provides homework assistance, special interest clubs, week-long summer specialty camps and special events for ages 8-18, plus trips designed for older kids.

UNCOMAPNIED HOUSING (UH)

1175 W. Midway St., Bldg. 973 • 360-257-2088

All UH residences are within walking distance to the flight line, Navy Exchange, dining, and recreational services. Front Desk, check-in and customer service are located at NGUS, Bldg. 973.

LOGGING

NAVY GATEWAY INNS & SUITES (NGIS)

1175 W. Midway St., Bldg. 973 • 360-257-2529

For reservations: 877-NAY-BED • www.ngisnavy.com

A 5-Star “Zumwalt Award” for excellence accredited facility, NGIS offers a selection of standard rooms and suites; some suites offer kitchens. Front desk, check-in and customer service are located at Navy Gateway Inns & Suites, Bldg. 973.

CLIFFSIDE RV PARK

Cliffside Drive • Check-ins processed through RV Park Office • 360-257-3469

For reservations: 877-NAY-BED • www.cliffside.navylifepnw.com

Nestled along the shoreline of Whidbey Island, Cliffside overlooks the Strait of Juan de Fuca, Vancouver Island, the San Juan Islands and the Olympic Peninsula. With its awe-inspiring location, Cliffside offers ammenities for shore camping, an open window on an ever-changing marine environment and unparalleled sunsets. Featuring 56 RV sites with full water, electrical and sewer hook-ups, tent campsites, furnished yurts, restroom and shower facilities, four covered activity pavilions, coin-operated laundry facilities, and Wi-Fi.

JIM CREEK RECREATION AREA

21027 Lem Creek Rd. • Arlington, WA 98223 • 425-304-5315

Nestled in the foothills of the North Cascades, Jim Creek serves as an active Naval Radio Station and a Regional Wilderness Recreation Area. Spanning nearly 5,000 acres, the area has 225 acres of old-growth forest, two lakes, miles of trails and several streams. The area features a wide variety of outdoor recreation opportunities, including camping, fishing, boating, hiking, mountain biking, and wildlife viewing. Plan your stay in The Lodge, in one of Jim Creek’s Dens, at a Camping Cabin, at the Eagle’s Nest RV Park, or in one of Jim Creek’s new Deluxe Steelhead Cabins. On-site amenities include a small general store, numerous playgrounds, a nine-hole disc golf course, a 50-ft. tall Alpine Tower, 35-ft. rock wall, sports fields and courts, off-leash dog parks, a fitness center, and a 24-hour lounge. The facility is open to Active Duty personnel, reservists, retired military, DoD civilians, and sponsored guests.

PACIFIC BEACH RESORT & RECREATION CENTER

108 First St, North-Pacific Beach, WA 98271 • 360-276-4314

For reservations: 877-MPZ-BED • www.mptresorts.com/northbeach

Known as “Washington’s Best Kept Secret”, Pacific Beach is set between Olympic National Forest and the Pacific Ocean, making scenic Pacific Beach an ideal location for family fun, romance and relaxation. Accommodations include 3-, 4-, and 5-bedroom cottages, hotel rooms and suites, an RV Park, and campsties. Open year-round!